



# SPORTIES

## RESTAURANT - CAFE

# MENU

M - MEMBERS PRICE | V - VISITORS PRICE

**V** VEGETARIAN

**VG** VEGAN

**GF** GLUTEN-FREE

## APRIL *Lunch* SPECIALS

**\$14 MEMBERS | \$17 VISITORS**

**MONDAY ... Hokkien Noodle Stir Fry**  
With Tofu, & Vegetables (V)

**TUESDAY ... Thai-style Chicken Curry**  
With Steamed Rice, & Coriander  
(GF)

**WEDNESDAY ... Steak Sandwich**  
With Coleslaw, Onion Relish, &  
on a Toasted Turkish Bun

**THURSDAY ... BBQ Pork Ribs**  
With Chips, & Salad (GF)

**FRIDAY ... Panko Crumbed Flathead**  
With Chips, Salad, Tartare Sauce  
& Lemon

**SATURDAY ... Spaghetti Bolognese**  
With Parmesan Cheese, &  
Toasted Garlic Bread



# Entrees and Starters

|  |               |             |             |
|--|---------------|-------------|-------------|
| <b>Garlic Bread</b>  | <b>V</b>      | <b>\$8</b>  | <b>\$9</b>  |
| <b>Cheesy Garlic Bread</b>   | <b>V</b>      | <b>\$9</b>  | <b>\$10</b> |
| <b>Small Chips</b>   | <b>VVG</b>    | <b>\$6</b>  | <b>\$7</b>  |
| GF on request  |               |             |             |
| <b>Large Chips</b>   | <b>VVG</b>    | <b>\$10</b> | <b>\$13</b> |
| GF on request  |               |             |             |
| <b>Vegetarian Spring Rolls (4)</b>                                     | <b>V</b>      | <b>\$18</b> | <b>\$21</b> |
| sweet chilli sauce   |               |             |             |
| <b>Coconut Crumbed Prawns</b>  |               | <b>\$20</b> | <b>\$23</b> |
| herb salad, shallots, tangy chilli and honey dipping sauce, fresh lime |               |             |             |
| <b>Indonesian Style Chicken Wings</b>                                  |               | <b>\$20</b> | <b>\$23</b> |
| kecap manis, pickled cucumber, herb salad                              |               |             |             |
| <b>Pumpkin Arancini Balls</b>  | <b>VVG GF</b> | <b>\$20</b> | <b>\$23</b> |
| vegan marinated feta, rocket, roasted walnuts, arrabiata sauce         |               |             |             |

*Garlic Bread*



# Salads

|   |            |             |             |
|---|------------|-------------|-------------|
| <b>Classic Caesar Salad</b>   |            | <b>\$18</b> | <b>\$21</b> |
| cos lettuce, bacon, boiled egg, crispy totillas, house dressing, shaved parmesan   GF on request    |            |             |             |
| <b>Roasted Vegetable Salad</b>  | <b>VVG</b> | <b>\$18</b> | <b>\$21</b> |
| kale, mint, pickled onion, quinoa, walnuts, pepitas, house marinated feta, maple and dijon dressing |            |             |             |
| add: smoked chicken, salt and pepper prawns, marinated tofu   |            |             | <b>\$8</b>  |



*Classic Caesar Salad*



# Burgers



All Served With Chips | Gluten free bun \$3

**Beef and Bacon Burger** \$20 \$23

cheese, salad, dill pickles, burger sauce | GF on request

**Double beef** \$6

**Thai Spiced Chicken Burger** \$20 \$23

coconut marinated char-grilled thigh fillet, lettuce, pickled cucumber, asian herbs, sweet chilli sauce | GF on request

**Lentil Burger** **V** \$20 \$23

cheese, salad, dill pickles, aioli | VG & GF on request

**Beer Battered Snapper Burger** \$20 \$23

salad, dill pickles, tartare sauce | GF on request

*Snapper Burger*



## From the Grill

served with your choice of chips and salad or mash and vegetables

**200g Grain Fed Rump** \$27 \$30

**300g Grain Fed Sirloin** \$38 \$41

**250g Grain Fed Eye Fillet** \$42 \$45

Sauces: gravy, mushroom, peppercorn, diane, garlic cream gf

**GF**

Garlic prawn topper

**GF**

\$10



# Mains

**Sri Lankan Style Seafood Curry** **GF** **\$35** **\$38**

fish, prawns, mussels, squid, steamed rice, coconut sambal

**Slow cooked Beef Short Rib** **GF** **\$33** **\$36**

rich red wine and tomato jus, mashed potatoes, sweet corn salsa, corn chips, sour cream

**Asian Style Red Braised Pork Belly** **\$33** **\$36**

saffron rice, tempura broccolini, toasted cashews, sesame seeds, herb salad, kimchi

**Beef and Onion Sausages** **GF** **\$20** **\$23**

mashed potatoes, peas, gravy, tomato relish

**Char-Grilled Lamb Cutlets** **\$33** **\$36**

cauliflower puree, tempura broccolini, candied carrots, red wine jus | GF on request

add cutlet **\$10**



*Beef and Onion Sausages*

# Pasta

**Hot Smoked Salmon Linguine** **\$27** **\$30**

shaved fennel, capers, spinach, garlic cream sauce, bottarga

**Spinach and Ricotta Tortellini** **V** **\$26** **\$29**

ratatouille sauce, parmesan cheese



## *Club Classics*

|   |             |             |
|---|-------------|-------------|
| <b>Fish and Chips</b>   | <b>\$22</b> | <b>\$25</b> |
| beer battered local whiting fillets, chips, salad, tartare sauce, lemon     |             |             |
| <b>Panko Crumbed Calamari Rings (6)</b>                                     | <b>\$25</b> | <b>\$28</b> |
| chips, salad, seafood sauce, lemon  |             |             |
| <b>Chicken Schnitzel</b>  | <b>\$21</b> | <b>\$24</b> |
| crumbed chicken breast, chips, salad, choice of sauce                       |             |             |
| <b>Chicken Parmigiana</b>   | <b>\$24</b> | <b>\$27</b> |
| chicken schnitzel, house napoli sauce, ham, mozzarella cheese, salad, chips |             |             |

## *Fish and Chips*



## *Pizza*

|  |            |             |             |
|--|------------|-------------|-------------|
| <b>Margherita</b>  | <b>V</b>   | <b>\$20</b> | <b>\$23</b> |
| tomato, basil, passata, mozzarella cheese  |            |             |             |
| <b>Pepperoni</b>   |            | <b>\$21</b> | <b>\$24</b> |
| spanish onion, pepperoni, passata, mozzarella cheese   |            |             |             |
| <b>Hawaiian</b>  |            | <b>\$21</b> | <b>\$24</b> |
| leg ham, pineapple, passata, mozzarella cheese   |            |             |             |
| <b>BBQ Chicken</b>   |            | <b>\$22</b> | <b>\$25</b> |
| smoked chicken breast, chorizo, baby spinach, olives, spanish onion, bbq sauce, mozzarella cheese                      |            |             |             |
| <b>Plant-based Chicken and Mushroom Garden Goddess</b>   | <b>VVG</b> | <b>\$23</b> | <b>\$26</b> |
| house made basil pesto, plant-based chicken, oyster mushrooms, rocket, pinenuts, dairy-free mozzarella, marinated feta |            |             |             |

gluten free add \$4



## Sides

|                           |                |            |
|---------------------------|----------------|------------|
| <b>Small Chips</b>        | <b>V VG</b>    | <b>\$5</b> |
| GF on request             |                |            |
| <b>Chef's Salad</b>       | <b>V VG GF</b> | <b>\$6</b> |
| balsamic vinaigrette      |                |            |
| <b>Steamed vegetables</b> | <b>V VG GF</b> | <b>\$6</b> |
| <b>Mashed potatoes</b>    | <b>V GF</b>    | <b>\$6</b> |
| <b>Steamed Rice</b>       | <b>V VG GF</b> | <b>\$6</b> |



Large Chips



## Kids Meals

|                                 |           |             |             |
|---------------------------------|-----------|-------------|-------------|
| <b>Chicken Nuggets</b>          |           | <b>\$10</b> | <b>\$11</b> |
| chips, tomato sauce             |           |             |             |
| <b>Battered Whiting Fillets</b> |           | <b>\$10</b> | <b>\$11</b> |
| chips, lemon                    |           |             |             |
| <b>Cheese burger</b>            |           | <b>\$10</b> | <b>\$11</b> |
| chips                           |           |             |             |
| <b>Tomato Linguine</b>          | <b>V</b>  | <b>\$10</b> | <b>\$11</b> |
| house napoli sauce, cheese      |           |             |             |
| <b>Ham and Pineapple Pizza</b>  |           | <b>\$10</b> | <b>\$11</b> |
| chips                           |           |             |             |
| <b>Beef and Onion Sausage</b>   | <b>GF</b> | <b>\$10</b> | <b>\$11</b> |
| mashed potatoes, peas, gravy    |           |             |             |

